

## Alachua County Public Schools

Mentoring & Volunteering



### Challenges in Education:

- High percentage of disadvantaged students
- Constant Changes in tests, textbooks, grading formulas, standards
- Low funding
- Higher Costs
- Unfunded mandates
- Students still not making gains/progress

How Can You Help? Volunteer to mentor!

#### What is a Mentor?

A mentor is an older, more experienced individual who seeks to further the development of character and competence in a younger person. The role of a mentor could be a big brother or big sister, a role model, but most of all, a friend to the student!

#### What a Mentor is Not

A parent, counselor, social worker, or spiritual advisor



# What kids are saying about mentors:

"My mentor made me feel very special."

**Kody, Second Grade** 

"Math isn't really that hard if you just think a minute."

Boothe, First Grade

"I learned to organize my papers & my time."

June, Ninth Grade



#### A Mentor should:

- Help the student set short & long term goals.
- Convey that there is always hope.
- Employ role playing for solving problems.
- Be an effective listener.
- Encourage student to be involved in school & interests or hobbies.
- Be sincere & committed.
- Develop trust.
- Serve as a responsible role model!

### BE

## THERE!



On time Dependable

Present

Approachable

Persistent





#### Simple gestures:

- → Remembering things they have shared and asking about them.
- → Anticipating new situations and helping them problem solve for themselves.
- → Teach them something new.

#### Do's of Helping

- → Do work for gradual progress and rapport.
- → Do be aware of limitations. You can't change the home situation.
- **→** Do give positive reinforcement.
- → Do remember that everyone needs to feel valued.
- → Do be yourself. If you have questions or are uncomfortable, seek out school personnel.
- → Do realize that you may never know the effect you have on your mentee.
- → Do encourage your student to work hard in school to graduate.
- → Do understand that your coming each week & your caring will make a difference.

### Don't's of Helping

- → Don't get discouraged.
- → Don't feel awkward with silence.
- **→** Don't become overly involved.
- → Don't expect quick changes.
- → Don't feel you have to have all the answers.
- → Don't wait for the mentee to initiate conversations or activities.
- → Don't forget your commitment to come each week.
- → Don't allow other students to participate in you and your mentee's sessions, except occasionally.
- **→** Don't bring lunch for your mentee without staff approval and then only once in a while.



#### Other Housekeeping items/Rules:

- → Fill out application <a href="mailto:bit.ly/ACPSapp">bit.ly/ACPSapp</a>
- → Sign in and sign out -- bring your license!
- **→** Discipline
- **→** Confidentiality
- → NO CONTACT OUT OF SCHOOL
- → No Pictures of our students
- **→** Phone use is discouraged
- → Dress for success
- → Follow staff directions during lockdown or fire drills
- → Ask staff about bathroom procedures

#### **Disclosures**



Often when you build a close and trusted relationships students will disclose personal stories to you. The following disclosures should be reported to a school counselor or administrator immediately.

- Self injury
- Threat to others
- Threat to self
- Abuse or neglect
- Anything that makes feel you uncomfortable or unsafe
- If you witness bullying

Abuse or neglect must also be reported to the abuse hotline. The counselor or other staff member can assist you with this. (1-800-96-ABUSE)

## What I liked about having a mentor:

"I like having someone to eat lunch with."

Julian, Fifth Grade

"He was always nice."

Zach, Eighth Grade

"She helped me find things I wanted to read."

Elena, Eleventh Grade

Want to help a different way? There are MANY.

Get in touch!

 $F_{00d}D_{rive}$ 

Science Fair

 $Robotics_{E_{Vent}}$ 

 $Cl_{assroom}$  Help

 $C_{oll_{ecting}}$   $S_{chool}$   $S_{upplies}$  $P_{roject}M_{akeo_{Ver}}$ 

 $G_{llest} S_{peaker}$ 



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